WINTER TIMETABLE WEEKS 1 to 3 (Begins July 12th) *Subject to change							
	MON	**TUE**	**WED**	**THUR**	**FRI**	**SAT**	**Childrens Area**
5.30AM	Step (All Levels)	Boxing/Kickboxing	Step (All Levels)	Boxing/Kickboxing	Step (All levels)		Yes
Personal Training						**8.00 - Ultimate Challengers Only**	Not on Saturdays
9.30 AM	Core Restore Program with Teinanga $10		All Blue Sections are PT Bookings Subject to availability		Core Restore Program with Teinanga (Pending) $10	**9.00 - Step in the Park Friends and Family Session**	Yes (All Ages)
Personal Training							Yes (All Ages)
4.30pm Time subject to change to 7pm to meet member requests	Boxing/Kickboxing				Boxing/Kickboxing		Yes (All Ages)
5.15PM	Step (Beginners)	Step (All Levels)	**Ultimate Challengers ONLY Bootcamp Blast**	Step (Beginners)	Step (All Levels)		Yes (All Ages)
6.15PM	Step (All Levels)	Step (Beginners)	Boxing/Kickboxing	Step (All Levels)	Step (Beginners)		Yes (All Ages)
7.00pm Express	**Ultimate Challengers ONLY Bootcamp**						Yes (All Ages)